



Key Stage 2 PE Overview

	Pathway	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
		Gymnastics / Basic Movement Patterns	Dance	Games (Net and Ball Games)	Gymnastics / Basic Movement Patterns	Games (Invasion Games)	Athletics / Strike and fielding
3	M	Busy Bodies Equals semi-formal Unit 2.5	Dance e.motion – Equals semi-formal Unit 2.1	Back to You Equals semi-formal Unit 2.15	Busy Bodies (continued) Equals semi-formal Unit 2.5	Brill Skills Equals Semi formal Unit 2.9	Striking Progress Equals Semi formal Unit 2.13
	E	Push me Pull me Equals semi-formal (Key stage 1) Unit 1.6	Prancing and Dancing Equals Semi-formal KS1 SoW Unit 1.1		Push me Pull me (continued) Equals semi-formal (Key stage 1) Unit 1.6		
4	M	Twist & Shout Equals semi-formal Unit 2.6	Moving Stories- Equals semi-formal Unit 2.2	Back to You (continued) Equals semi-formal Unit 2.15	Twist & Shout (continued) Equals semi-formal Unit 2.6	Control and Goal Equals Semi formal Unit 2.10	How's Zat Equals Semi formal Unit 2.14
	E	Zig Zag	Express yourself-		Zig Zag (continued)		



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		Equals semi-formal (Key stage 1) Unit 1.7	Equals semi-formal (Key stage 1) Unit 1.2		Equals semi-formal (Key stage 1) Unit 1.2		
5	M	Fantastic Gymnastics Equals semi-formal Unit 2.7	Strictly Fun Dancing Equals semi-formal Unit 2.3	What a Racket Equals semi-formal Unit 2.16	Fantastic Gymnastics (continued) Equals semi-formal Unit 2.7	Making your mark Equals Semi formal. Unit 2.12	Starting Blocks Equals Semi formal. Unit 2.17
	E	Busy Bodies Equals semi-formal Unit 2.5	Dance e.motion – Equals semi-formal Unit 2.1		Busy Bodies (Continued) Equals semi-formal Unit 2.5		
6	M	Balanced Equals semi-formal Unit 2.8	A sense of dance Equals semi-formal Unit 2.4	What a Racket (Continued)- Equals semi-formal Unit 2.16	Balanced (Continued) Equals semi-formal Unit 2.8	Control and Goal Equals Semi-formal. Unit 2.10	Going for Gold Equals Semi-formal. Unit 2.18
	E	Twist & Shout Equals semi-formal Unit 2.6	Moving Stories- Equals semi-formal Unit 2.2		Twist & Shout (Continued) Equals semi-formal Unit 2.6		