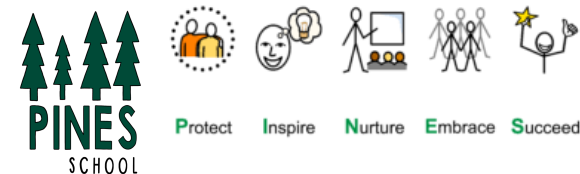


Key Stage 1 & EYFS PE Overview



Cycle	Pathway	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
		Basic movement Patterns	Dance	Games	Basic movement Patterns	Games	Athletics
EYFS		Physical development is included within the continuous provision. Children get regular, repeated and varied opportunities to access both fine and gross motor activities. Medium term planning develop pupil's skills through guided, specific and Child led play.					
1	M	A focus on Running and Jumping	Prancing and Dancing - Equals Semi-formal Unit 1.1	Sharing together- Equals Semi-formal Unit 1.3	A focus on throwing and Catching	Sharing together- (continued) - Equals Semi-formal Unit 1.3	Practice for Sports Week
	E		Moving body Parts to music				

Key Stage 1 & EYFS PE Overview



Protect



Inspire



Nurture



Embrace



Succeed

2	M	Focus on <u>balance, agility and co-ordination</u>	Express yourself- Equals semi-formal Unit 1.2	To me to you- Equals Semi-formal Unit 1.4	Basic patterns to games and songs	To me to you again- Equals Semi-formal Unit 1.5	Practice for Sports Week
	E		Action Songs- copying basic movement patterns				