



Year group	Pathway	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
		Individual sports	Dance	Team Games	Outdoor and adventurous activity	Health and fitness	Athletics / Striking and fielding
7	M	Going for the top <b>(Badminton)</b> Equals- Net & wall Unit- 3.8	Dance with me Equals SoW Unit 3.3	Dodgin' 'n scornin' <b>(Hockey)</b> Equals- Invasion games Unit 3.6	Let's get it together Equals SoW Unit 3.14	Circuit training	Whack it Equals SoW Unit 3.10
	E	Boccia					
8	M	Going for the top <b>(Tennis)</b> Equals- Net & wall Unit- 3.8	I feel like Dancing Equals Unit 3.4	Dodgin' 'n scornin' <b>(Netball)</b> Equals-Invasion games Unit 3.6	Let's get it together Equals Unit 3.14	Yoga and Mindfulness	Bashball Equals SoW Unit 3.11
	E	Balloon Tennis					
9	M	Jump down, turn around, whirl and twirl a ribbon <b>(Gymnastics)</b> Equals SoW Unit- 3.12 <b>D of E - Physical</b>	Rollup, Roll up to the big top Equals SoW Unit 3.5 <b>D of E - Physical</b>	Dribble n' shoot <b>(Basketball)</b> Equals- SoW Invasion games Unit 3.7 <b>D of E - Physical</b>	Follow it, Find it Equals Unit 3.15 <b>D of E - Physical</b>	Expedition skills  <b>D of E See Planning</b> <b>D of E - Physical</b>	Skill Zone Equals SoW Unit 3.1 <b>D of E - Physical</b>



Protect Inspire Nurture Embrace Succeed

	E	? Sequencing basic movements <b>D of E - Physical</b>					
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**Dance**

Children will take part in a range of different genres of dance. During each lesson children will get the opportunity to evaluate their performances and for those it is appropriate for they will compare it to previous ones.

**Individual sports and team games-**

Children will take part in a range of individual and team games that are appropriate to them. They will learn and develop a variety of tactics and strategies to overcome opponents. These games will be made competitive in class.

**Outdoor and adventurous activity**

Children will take part in further outdoor and adventurous activities in a range of environments which present intellectual and physical challenges and which encourage pupils to work in a team, building on trust and developing skills to solve problems, either individually or as a group. These lessons can take part in a variety of environments including the forest school area, school’s allotment and use of the local community.

**D of E**

During Year 9, the children will take part in the Duke of Edinburgh bronze award. PE lessons will be used towards the pupil’s time.